

Gallagher STEP Training Descriptions



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The Gallagher Safety Training Education Platform (STEP) provides access to a comprehensive Risk Management Library, My Content suite, and a diverse library of training modules, available in both English and Spanish, offering tailored tools and resources for insurance risk management, workplace safety, and compliance.

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Online Trainings: Environment, Health, and Safety

Course Name	Course Description	EN	ESP	Length
A Pandemic Approach to Infection Control: Strategies for Rising Above the Tide	The COVID-19 Pandemic has changed the way healthcare responds to outbreaks and pandemics in the future. Whether it's just in time delivery of PPE or needed cross-training of frontline healthcare staff, pandemic preparedness has transformed normal operations and approaches. This webinar will provide real-world implementation caveats to achieve a state of continuous readiness and "how-to" steps to hardwire basic critical infection control practices across the entire healthcare continuum of care. Length: 90 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		90 min
Aboveground Storage Tanks	This general awareness training for both employees and managers covers safety practices for aboveground storage tanks. It includes information on regulations, management responsibilities, inspections, handling leaks, and filling tanks safely.	EN		15-20 min
A/C 609 Training	This training provides an overview of A/C 609 MVAC systems. It covers information on common refrigerants, use conditions for snap substitutes, key Clean Air Act sections, leak detection, and procedures for recovering, recycling, and recharging refrigerants.	EN	SP	35-40 min
Access to Medical and Exposure Records	This general awareness training covers access to employee exposure and medical records, the rights of employees, and requirements of employers. It also covers types and how to maintain records.	EN	SP	10-15 min
ADA Employment Decisions	This training will cover the requirements in the Americans with Disabilities Act of 1990 (ADA) regarding hiring practices and reasonable accommodations. It includes information on how to handle job interviews, reasonable accommodations, handle direct threats, and requirements for leave and return to work.	EN		15 min
Advance Care Planning: Building on Advance Directives	Supporting our residents and their families through end-of-life discussions and decisions is difficult for many of us. During this empowering presentation which builds on the Advance Directives class, participants will explore Advance Care Planning including the vital components of life care planning and quality of life into one's plan for end-of-life care. Practical guidance and tools will be provided to help facilitate Advance Care Planning conversations with residents and their families, as well as discussion of barriers and solutions. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Advance Directives	Advance Directives provide legal documentation of the health care wishes of our residents. They are written by the resident to ensure that personal health care choices are given voice if the resident becomes unable to express	EN		60 min



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	personal health care preferences due to illness or lack of capacity. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.			
Advocacy – Beyond Resident Rights	As health care professionals, we all share a basic responsibility to advocate for our residents. During this presentation, participants will explore ways in which we can expand our advocacy efforts to not only safeguard the rights of our resident, but truly enhance the quality of their lives. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Aerial Lifts and Elevated Platform Safety	This training provides knowledge on aerial lifts and platform safety, including types of aerial lifts, common hazards and preventative controls, inspections, and operation best practices.	EN	SP	35 min
Aggressive Driving for CMV Drivers	This training addresses the dangers of aggressive driving and how drivers can keep themselves safe from this common hazard. It includes a definition of aggressive driving and strategies for handling aggressive drivers and staying calm. (CMV Series)	EN		5-10 min
Ancillary Services: Guidelines for Healthcare Providers	Access to appropriate ancillary services may significantly impact upon the overall quality of life of our residents - enabling function, emotional support, and the ability to engage in the life of the facility to the greatest extent possible. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Back Injury Prevention	This training will go over proper lifting techniques that will help employees avoid injury. It also covers back anatomy basics and best practices for safer lifts.	EN	SP	10-15 min
Backhoe Safety	This micro-content training discusses how to stay safe when working with or around a backhoe. It includes general best practices to follow for before and during backhoe operations.	EN	SP	5-7 min
Basic First Aid Awareness	This awareness level training introduces basic first-aid techniques and steps designed to keep people safe until emergency medical services arrives and takes over.	EN	SP	35 min
Battery Charging and Jump Starting	This training discusses guidelines for safely charging batteries and jump-starting vehicles. It includes information on hazards, correct procedures, required PPE, and storage and handling practices.	EN		5-10 min
Behavior Management: Supporting Our Residents with Dementia and Delirium-Based Challenging Behaviors	In many situations, challenging behaviors among residents with dementia and delirium are simply their way of communicating that they are in pain, frightened, hungry, not feeling well or that they have some unmet need, want or desire. The challenge to care providers is to NOT focus on the behavior, but to focus instead on what the behavior is attempting to communicate. Essentially, what is the language of the behavior? Length: 60 minutes 1 CEU. Approval codes will be	EN		60 min



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	available on the course certificate upon completion of the course.			
Bloodborne Pathogens	This training covers protection against common types of bloodborne pathogens, situations where pathogens pose a hazard, and protection. Other course topics include personal protective equipment (PPE), the Hepatitis B vaccine, and incident response.	EN	SP	50-60 min
Bloodborne Pathogens – General Awareness	This employee training gives a general overview of the common types of bloodborne pathogens and how you can protect yourself in the workplace. Topics include routes of entry, universal precautions, and best practices for minimizing exposure.	EN	SP	10-15 min
Building a Robust Cleaning & Disinfection Program for the Outpatient Setting	Pathogens can spread quickly in outpatient healthcare settings and research shows that less than 50% of healthcare surfaces are adequately cleaned and disinfected. In this training, we'll discuss strategies for a robust environmental hygiene program to ensure your team understands the role the environment plays in the spread of infections and how to prevent infections. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Building Inclusive and Sensitive Long Term Care Services for LGBTQ Communities	This training will describe the required elements for responding to the emerging needs of long term care organizations to provide sensitive and respectful services to LGBT residents. Topics discussed include relevant terminology related to sexual orientation and gender identity, discuss common challenges experienced by LGBT older adults and provide recommendations for honoring patient rights. This training will also satisfy new legal requirements for staff and management in long term health care to participate in LGBT sensitivity training. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Bystander Intervention Training – Chicago, Illinois	This training for all employees in Chicago, Illinois defines sexual harassment according to the Chicago Human Rights Ordinance, describes how sexual harassment manifests in the workplace and how institutional structures and cultural conditions can facilitate sexual harassment. It provides safe and effective bystander intervention techniques and explains how to overcome barriers to intervention.	EN	SP	60 min
California Hazardous Waste Management	This training covers Federal EPA and California regulations for hazardous waste management. It includes determination, storage, labeling, inspection, accumulation limits, pickup, and generator status.	EN	SP	25 min
Candida Auris: An Emerging Threat in Long-Term Care	A little over a decade after it was identified, Candida auris is a growing threat in long-term care and other healthcare settings. In 2019, the Centers for Disease Control & Prevention listed C. auris as an urgent drug-resistant threat with a high mortality rate. Action is needed now to	EN		60 min



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	contain this rapidly emerging pathogen, including surveillance, laboratory identification, and infection control measures. This training will provide a review of the scientific literature and evidence-based guidelines for controlling this novel pathogenic fungus, as well as provide key actions that long-term care operators should be doing now. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.			
Capacity Versus Competency	Competence is a legal state, not a medical one. Competence refers to the degree of mental soundness necessary to make decisions about a specific issue or to carry out a specific act. All adults are presumed to be competent unless adjudicated otherwise by a court. Capacity on the other hand, is defined as an individual's ability to make an informed decision. Within Skilled Nursing Facilities, staff must be able to differentiate between competence and capacity and to apply their understanding on a daily basis. Issues surrounding self-administration of medication, the pursuit of intimate relationships, the right to leave the facility are only a few of such examples. This class will provide participants with the knowledge, skills and abilities necessary to make informed decisions concerning the competence and capacity of their residents. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Cargo Securement for CMV Drivers	This training discusses the specifics of the North American Cargo Securement Standard and guides CMV operators through requirements for securing cargo, types of securement systems, and necessary inspections. (CMV Series)	EN		15-20 min
Census Challenges: Creative Approaches to Optimizing Census!	Census challenges are a reality for most, if not all facilities at one time or another. During these times, we seek to intensify our marketing and outreach efforts to drive census. The question that we must be able to answer however, is how effective our marketing and outreach strategies are within the marketplace. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Chair Safety – Online	This training describes how to create a chair inspection program to assure chair safety.	EN	SP	15 min
Chop Saw Safety	This training discusses basic handling information for the chop saw, also known as the miter saw. It includes hazards to be aware of, how to inspect, procedures to follow, and general personal protective equipment to wear.	EN	SP	4 min
Clean Water Act Section 404 Permits	This training goes over the process of obtaining a Section 404 permit for dredging and filling operations. It includes an overview of the different types of permits, best practices, and the intentions behind of Section 404 permits.	EN		5-10 min



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Cold Stress	This short course covers what cold stress is, the symptoms of cold stress- related injuries and illnesses, appropriate treatment, and how to protect yourself from it.	EN		10-15 min
Commercial Livery Driving: Passenger Safety	This training describes vehicle preparation for commercial livery drivers. This course covers proper procedures, communicating with passengers, and dealing with difficult passengers.	EN	SP	30 min
Commercial Livery Driving: Workplace Violence	This training provides commercial livery drivers with information on preventing workplace violence on the job. It discusses both preventive measures and what to do in the event of an incident.	EN	SP	30 min
Communicating with Customers	This training covers the lawful methods for directing commercial phone calls, text messages, or emails to large volumes of customers. Topics discussed include the government rules and regulations pertaining to the Federal Do Not Call List (DNC) and the CAN-SPAM law; guidelines necessary to navigate the complex regulations governing mass-market communications technologies; and best practices to avoid the significant fines and penalties resulting from non-compliance.	EN		30 min
Communication: Powerful Tools for Communicating with Dementia and/or Delirium	This skill building webinar will help you better understand how your residents interpret both verbal and (of greater importance) non-verbal communication as well as introduce several powerful communication techniques especially effective when interacting with the resident with cognitive impairment. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Compliance Expert – Privacy & Information Security – Examples	Employees play a key role in helping ensure data security and safety. This course covers best practices to help prevent data loss and theft.	EN	SP	4 min
Compliance Expert – Privacy & Information Security – The Basics	This course covers some key considerations that you should keep in mind for following your company's data protection policies and procedures.	EN	SP	3 min
COMPLIANCE SHORT: Cybersecurity	Lax security practices and poor security awareness on the part of employees can result in security breaches that have serious consequences for organizations. Hackers will take advantage of any vulnerability, and their reach is global.	EN	SP	6 min
Compressed Gas Safety	This training discusses the safe handling of compressed gas cylinders. It includes common hazards of working with compressed gas, training and preparedness, safe practices for use and storage, safety devices, and inspection and monitoring guidelines.	EN	SP	30 min
Confined Space Entry	This training gives an overview of confined spaces and what makes them either non-permit or permit required. It also includes information about confined space permits	EN	SP	9 min



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	and the duties and responsibilities for confined space entry.			
Conflict Resolution	This training discusses what to do when conflict happens in the workplace. It includes conflict resolution techniques and advice for handling different conflict scenarios. Estimated completion time is 15 minutes.	EN	SP	15 min
Construction Safety: Lockout/Tagout	This general training is a starting point for understanding lockout/tagout. It includes lockout/tagout responsibilities, the lockout/tagout process for both affected	EN	SP	10-15 min
Construction Safety: New Hire Orientation	This training gives a general overview for new employees working in the construction industry. It includes safety concepts, personal protective equipment, fall protection, electrical safety, lockout/tagout, scaffolds, ladders, aerial lifts, crane safety, mobile equipment, trenches, and excavations.	EN	SP	20-25 min
Construction Safety: Noise and Hearing Protection	This training gives an overview of noise and different types of hearing protection to use on a construction site. It also includes the effects of hazardous noise, employer controls, and how to properly wear hearing protection.	EN	SP	10-15 min
Construction Safety: Overview	This training gives an introductory overview of several important safety topics needed for construction workers. The topics include personal protective equipment, fall prevention, electrical safety, and struck-by or caught-between hazards.	EN	SP	10-15 min
Construction Safety: Scaffolding	This training gives an overview of scaffolding safety while on a construction site. It includes scaffolding types, safety controls, and best practices to help keep employees safe at work.	EN	SP	10-15 min
Construction Safety: Struck-By and Caught-Between Hazards	This training gives a high-level overview of struck-by and caught-between hazards found on construction sights. It includes examples and best practices for avoiding them.	EN	SP	10-15 min
COVID-19 General Awareness Training	This general awareness training on COVID-19 covers tips on how to reduce your risk of contracting the virus at work. In addition, the course covers COVID-19 symptoms, workplace precautions, personal protective equipment do's and don'ts, workplace safety, medical concerns, and disinfecting and sanitation best practices.	EN		15-20 min
COVID-19: The Importance of Infection Control Measures to Prevent the Spread	This training will provide an overview of this coronavirus and COVID-19 infection control measures including isolation, hand hygiene, and cleaning and disinfection. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN	SP	60 min
Crane Rigging Basic Safety	This training provides information on rigging safety, inspection, sling and rope types, steel erection rigging, hitches, equipment limits, and hand signals.	EN	SP	60 min
Creating a 4 Star Dining Experience: Nutrition, Hydration, and the Resident with	The dining experience may be the most challenging, yet rewarding, time of the day for both those with cognitive impairment as well as their care providers. To create a truly successful dining experience requires that we embrace a process (rather than a task) oriented	EN		60 min



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Cognitive Impairment	approach in which we focus on the dining experience itself - including the social and sensory aspects of the mealtime experience - rather than only the nutritional aspects. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.			
Creating a Successful Technology-Based Brain Fitness Program for Older Adults	Cognitive decline, memory loss, and the threat of dementia (Alzheimer's disease) represent the greatest threat to the wellness and quality of life of seniors. Medical research conducted over the past two decades concludes that participation in rigorous, sustained brain fitness exercise (cognitive stimulation) is associated with a significant reduction in the risk for dementia. With practical and affordable computer-based brain fitness products now available, senior living providers have an important opportunity to improve the wellness and quality of life of their residents. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Cultural Diversity: Supporting Culturally Diverse Residents	As a multicultural society, we have come to embrace cultural diversity and to celebrate the rich traditions this diversity brings. As those responsible for the care and well-being of our residents, we too must recognize, embrace and be responsive to the cultural diversity of our ever-changing resident population. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Culture Change: Understanding the Quality-of-Life Domains	Culture change is here to stay and thank goodness!!! Embracing the key elements of culture change will enhance the quality of life of our residents, the happiness of our staff AND help to ensure successful survey outcomes by meeting surveyor expectations related to culture change! That is, a model of care which is individualized and in which the plan of care is truly reflective of the needs, interests, customary routines and personal preferences of every resident. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Customer Service Essentials	This general training will cover best practices for customer service. It includes how to prepare ahead of time and tips for effective communication.	EN	SP	15-20 min
Cybersecurity and Online Habits	This course focuses on common pitfalls in IT security by end users and provides employees with common sense guidelines for managing cybersecurity risks.	EN	SP	58 min
Cybersecurity Short: Avoiding Phishing Attacks	This short course covers the different types of phishing attempts that you may encounter, how they work, and what you can do to help ensure you don't become a victim to one.	EN	SP	7 min
Data Privacy and Information Security	This training addresses the importance of data privacy and information security for businesses. Topics covered include protecting PHI, working with confidential information, physical safeguards, types of cyber risks and	EN		35-40 min



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	how to prevent them, protecting company assets, and reporting incidents.			
Data Protection and Device Security	This course covers a variety of best practices for preventing the loss and theft of company data, as well as protecting the physical devices employees use in their jobs, both at and away from the office.	EN	SP	51 min
Dealing with Death and Dying: Implications For The Care Provider	As care providers, we strive to develop relationships with our residents - and to come to know our residents as individuals. We learn their needs, interests, customary routines, and personal preferences. This, of course, is the foundation for person centered care. How then, do we deal with the inevitable grief that accompanies the death of those we have come to care for? Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Dementia and Delirium: Diagnosis, Misdiagnosis and what WE NEED TO KNOW	As health care providers, we are often called upon to differentiate between dementia and delirium. The significant challenge we face, however, is that dementia and delirium both present with strikingly similar changes in memory, reasoning, and personality. Given that delirium is typically reversible (whereas dementia is chronic and progressive), and that approximately 30 percent of our residents with a diagnosis of dementia may be incorrectly diagnosed, it is essential that we learn to accurately differentiate between dementia and delirium. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Discharge Planning: Guidelines for Care Providers	Discharge planning can be a challenging role requiring staff to balance the discharge goals of the resident, the rights of the resident, and the desire of the IDT to ensure that residents have the support and resources necessary for a safe discharge. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Distracted Driving for CMV Drivers	This training covers the effect distractions have on driver attention and to stopping ability. Distractions covered include physical and environmental distractions, driver aggression, and driver impairment. (CMV Series)	EN		30 min
DOT Hazardous Materials Training	This training covers what you should know when working directly or indirectly with hazardous materials that get transported. It includes training requirements, hazardous materials table, shipping papers, packaging, marking, labeling, and safety, emergencies, and security for drivers.	EN	SP	50 min
Driver Fatigue for CMV Drivers	This training informs employees of the dangers of driver fatigue, symptoms and warning signs, natural sleep patterns, and how to manage and control fatigue. (CMV Series)	EN		30 min
Driver Safety for 15-Passenger Vans	This training explains the increase risks associated with 15-passenger vans. Understanding these specific risks	EN	SP	45 min



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	enables drivers to keep their passengers safer and reduces the frequency of costly accidents.			
Driver Safety - Defensive Driving	This training covers safe driving habits, blind spots, following distances, driving at night, adverse weather conditions, and sharing the road.	EN	SP	12 min
Driver Safety - Distracted Driving	This training discusses common distractions and how to identify other distracted drivers on the road. It includes electronic devices, mirror adjustments, eating, aggressive driving, stress, fatigue, and drug use.	EN	SP	30 min
Driver Safety - Driver Preparedness	This training educates employees on vehicle inspections, safety systems, and emergency preparedness. This material aims to prepare non-commercial drivers to be prepared for any incident that may occur on the road and to reduce their overall risk.	EN	SP	30 min
Electric Pallet Jacks	This training introduces the safe operation of electric pallet jacks. Topics include common pitfalls to avoid and best practices for inspections, loading, and operation.	EN		10-15 min
Electrical Safety Awareness	This training discusses the characteristics of electricity and how to minimize risk. It includes common electrical hazards in the workplace, electrical injuries, emergency response procedures, and OSHA's and NFPA's roles in electrical safety.	EN	SP	25-35 min
Electrostatic Technology: A New Method for Surface Disinfection	In this training, we will discuss a new method of applying surface disinfectants, called electrostatic spray technology. The major differences between electrostatic sprayers and other technologies will be covered, as well as a deep dive into how to select and use an electrostatic sprayer in your facility. Research studies relating to electrostatic technology will also be covered. Length: 75 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		75 min
Elopement Prevention – 10 Strategies for Preventing Wandering and Elopement	Unsafe wandering and the risk for resident elopement is a significant concern for both Skilled Nursing and Assisted Living Facilities. This is an especial concern for those caring for residents with cognitive impairment and dementia. The purpose of this course is to provide facility staff with the knowledge, skills and abilities to reduce the potential for unsafe wandering and elopement among cognitively impaired residents. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Emergency Response	This general awareness training gives an overview of the major types of emergencies and basic guidelines for preparing for and responding to each.	EN	SP	15 min
Emerging Pathogen Threats: Strategies for Infection Prevention and Control	In today's rapidly evolving world, emerging pathogen threats pose significant challenges for infection preventionists. As new infectious agents continue to emerge and spread, it is imperative to develop and implement effective infection prevention and control strategies to safeguard patients, visitors, and staff within healthcare facilities. This session aims to delve into the dynamic landscape of emerging pathogen threats, touch	EN		60 min



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	on their origins, modes of transmission, and potential impact on populations. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.			
Enabling Freedom: The Role Of The Prosthetic Environment In The Care Of Residents With Dementia And Delirium	Residents with dementia and delirium are constantly assessing the environment, looking for clues to help them understand where they are, who others around them are, what they are supposed to be doing and what is expected of them. By attending to environmental clues, we may support functional independence, mobility, perceived control, perceived security, and even cognitive functioning. Moreover, research also suggests that attention to environmental clues may reduce falls, behavioral incidents, prevent resident to resident altercations and resident to staff altercations (especially during the delivery of ADL care), and also support the reduction of pharmacological intervention in the care of mood and behavior problems. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Environmental Management Systems	This training guides the learner through the process of creating and implementing of an environmental management system (EMS) based on ISO 14001 guidelines. It includes best practices and the benefits of having an EMS.	EN		15-20 min
Environmental Regulations Overview	This training gives an overview of six major, commonly encountered environmental regulations organizations. It covers best practices for compliance as well as the historical context and relevance of these regulations.	EN		25-30 min
Ergonomics Awareness	This training educates employees on work-related musculoskeletal disorders, elements of an ergonomic safety program, ergonomic stressors commonly found in the workplace, and actions to take that will minimize injuries.	EN	SP	45 min
Extension Cord Safety	This general training covers how to stay safe when using extension cords. It includes inspections, handling techniques, strain relief, durability rating, hazards, overloading, and proper storage.	EN	SP	10 min
Eye and Face Protection for Management	This training provides information on providing proper eye and face protection for employees. Designed for managers, it describes how to select, inspect, maintain, and store personal protective equipment (PPE), and train employees on its proper use.	EN	SP	30 min
Fall Management: A Guide for Health Care Providers	Gravity exists. Falls occur. Unfortunately, there is little we can do to change Newton's Law of Gravity. There is, however, a great deal that we can do to reduce the chance that an at-risk resident will fall, and even more that we can do to reduce fall related injuries. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Fall Prevention – Top 10 Tips for	While gravity does indeed exist, and people do fall, there is much that staff may do to reduce fall related injuries.	EN		60 min



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Reducing Fall Related Injuries	Within this class, participants will learn how to identify factors which increase a resident’s risk for falls, as well as strategies for reducing falls and fall related injuries. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.			
Fall Protection Awareness	This training is designed to meet OSHA's general awareness requirements for employees exposed to fall hazards. Topics covered include the nature of the fall hazards in the work area and how to recognize them, the procedures to be followed to minimize those hazards, types of fall protection systems, generalized inspection and donning of a full body harness and its components, and generalized inspection of a lanyard and its components.	EN	SP	20-30 min
Falls from Same-Level Walking Surfaces	This micro content training covers hazards to look out for and ways to prevent a fall from the same-level walking surface.	EN	SP	4 min
Family Support: Helping Residents and Families Remain Connected	Every facility would like to have the involvement of supportive family members. Clearly, supportive family increase the overall quality of life of the resident through meaningful family visits, gifts, outings, involvement in facility social programs and conscientious involvement in the Care Planning process. Length: 60 minutes. 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Federal Hazard Waste Management-RCRA	This general awareness training covers federal hazardous waste management. It includes what hazardous waste is and how to identify it, generator statuses, management of stored materials, proper disposal and transportation, and spill response.	EN	SP	15-20 min
Fire Cabinets	The micro-content training covers general cabinet requirements and how to properly use flammable fire cabinets, also known as flammable storage cabinets.	EN	SP	4 min
Fire Extinguisher Safety	This training goes over the PASS technique for using a fire extinguisher. It also discusses the different types of fire extinguishers, which fires are appropriate to fight, and when it’s better to evacuate.	EN	SP	5 min
Fire Prevention	This training gives an overview on fire prevention principles for employees. It includes information on common fire hazards and precautions to handle them, how to use a fire extinguisher, and what to expect from your employer’s fire prevention plan.	EN	SP	15-20 min
Forklift Safety	This training provides formal/classroom instruction for forklift operators. It introduces the hazards and principles of safe forklift operation, based on OSHA regulations and best practices.	EN	SP	30-40 min
General Safety Overview for Health Care Providers	This training provides a general overview of healthcare tasks, including hazards and controls related to lifting and ergonomics, infectious diseases, chemical use, emergency preparedness, and slips, trips, and falls. (Health Care Providers)	EN		15 min



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Global Internet, social media, and Electronic Communication	In this course, you will learn about some generally accepted best practices for protecting your own and your company's best interests while using e-mail, instant messaging, and text messaging, as well as social networking sites and blogs.	EN	SP	25-30 min
Global Privacy and Information Security	Many organizations collect the personal information of their customers and prospects for a variety of commercial reasons. The information they collect, use, store, and share is a valuable asset to the organization. Employees, through careful adherence to the company's privacy policies, play an important role in protecting the privacy of that information.	EN	SP	20 min
GMP: Allergen Controls	This training discusses how food processing facilities can prevent cross- contamination from food allergens by implementing proper controls. It includes the 8 major food allergens, written plan requirements, and FDA food labeling requirements.	EN		20-30 min
GMP: Facility Design for Compliance	This training describes the role of facility design in a GMP program. It includes tools to improve the design and hygiene practices in and around food processing facilities.	EN	SP	60 min
GMP: Keeping it Clean	This training covers recognizing and addressing common contamination threats to food production. It includes effective hygiene practices, how to identify sources of contaminants and food safety risks and preventing introduction of contaminants.	EN	SP	30 min
GMP: Process Controls	This training describes the role of process controls in a GMP program. It includes control of raw materials, manufacturing controls, defects, equipment, utilities, and the FDA's effective measures.	EN	SP	60 min
Golf Cart Safety Awareness	This training covers safe operating guidelines for driving a golf cart. It includes vehicle inspections, controls, proper battery charging, and refueling.	EN		5-10 min
Green Sustainability Practices for Auto Shop Managers	This training outlines best practices for developing, maintaining, and evaluating an environmentally responsible facility. It covers the benefits of using energy efficient technology and a guide to avoid deceptive "greenwashing" practices.	EN		15 min
Grievances: Guidelines For Social Services	Grievances, complaints, and concerns arise in even the best of facilities. It is how the facility responds and how empowered residents and their families feel following a grievance report that ultimately will define the quality of the facility. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Hand and Power Tool Safety	This training covers hand and power tool safety. It includes basic tool safety requirements, hand tool hazards and prevention, and how to safely handle specific types of power tools.	EN	SP	15-20 min
Hard Hat Safety	This microcontent training covers types and classes of hard hats and safety guidelines for wearing them.	EN	SP	3-5 min



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Hazard Communication Awareness	This general awareness training covers how information about hazardous materials is communicated in the workplace. The course includes how to read hazard labels and safety data sheets as well as the importance of the written program and training.	EN	SP	15-20 min
Hazard Communication for Managers	This training for managers is intended for use in conjunction with Hazard Communication Awareness training. It covers the requirements of OSHA's Hazard Communication Standard and the elements of an effective program	EN	SP	10-15 min
Hazard Recognition	This general awareness training covers hazard recognition in the workplace. It includes tips on how to recognize hazards and an overview of best practices for responding to them.	EN	SP	15 min
Hazardous Waste Generator (RCRA)	This training covers the Resource Conservation and Recovery Act (RCRA) and shares best practice guidance to help hazardous waste generators properly follow all hazardous waste regulations so that the environment stays protected.	EN		10-15 min
Hazardous Waste Management for Massachusetts	This supplement to the Federal Hazardous Waste Management course discusses hazardous waste regulations specific to the state of Massachusetts, including 310 CMR 30.144. Topics include proper labeling, storage, and disposal of waste oil as well as determining generator status.	EN	SP	10-15 min
Hearing Conservation	This awareness-level training goes over the common elements of a hearing conservation plan. It also includes the hazards of noise overexposure and how to use hearing protection properly.	EN	SP	10-15 min
Heat Illness Prevention (Heat Stress)	This training covers the common types of heat illness and how those working in hot environments can avoid them. It includes warning signs, how to respond in an emergency, steps you can take to lower your risk, and common controls.	EN	SP	20 min
Heavy Equipment Safety	This awareness training covers safe practices for heavy equipment operators and guidelines for those working nearby. It also includes hazard awareness and preparation tips.	EN	SP	10-15 min
Hours of Service for CMV Drivers	This training outlines the hours-of-service rules, including the sleep regulation cycle, shift and rest break requirements, the restart rule, and recordkeeping. (CMV Series)	EN		30 min
Hydrogen Safety Awareness	This training address hydrogen fuel cell electric vehicles, including basic properties and behavior of hydrogen, how a hydrogen fuel cell electric system works, and the safety systems and response procedures associated with hydrogen.	EN		15 min
Hydrogen Sulfide Safety Awareness	This training describes the hazards and health effects of hydrogen sulfide as well as detection methods, PPE, controls, and exposure response.	EN		10-15 min



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<p>Improving Hand Hygiene in the Healthcare Setting</p>	<p>Transmission of Healthcare-Associated Infections (HAIs) doesn't just happen in the inpatient setting. Medical office healthcare professionals play a critical role in preventing the spread of disease-causing germs in our communities. So, what are the guidelines for hand hygiene in the healthcare setting, what are the barriers to compliance and how can you be an ambassador for infection prevention in your office or facility? Please join us as Dr. Boyce, an internationally recognized expert on hand hygiene, discusses the most up-to-date research, guidelines, and best practices to stopping the spread of infection in your healthcare setting. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.</p>	<p>EN</p>	<p>60 min</p>	
<p>In Pursuit of Control: Autonomy, Self-Determination, and the Empowered Resident</p>	<p>As humans, we are control seeking - some more than others, but it's in our very nature. Throughout our daily lives we make decisions. When to wake up, when to go to bed. When to eat and what to eat. When to bathe and whether to have a bath or a shower... or neither! Simple decisions we take for granted. But what of our residents, for whom each of these decisions are made for them? How do our residents satisfy their need to exert control over their environment when they live within an environment which often limits the opportunity for choice, decision making and control? Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.</p>	<p>EN</p>	<p>60 min</p>	
<p>In Pursuit of Intimacy: Sexuality and the Aging Resident</p>	<p>Expressions of intimacy among nursing home residents - especially those with cognitive impairment and/or dementia are often ignored, responded to with prejudice or responded to with inconsistency due to lack of understanding. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.</p>	<p>EN</p>	<p>60 min</p>	
<p>Infection Prevention in Long Term Care – Focus on the Environment</p>	<p>This training describes the epidemiologic important pathogens in the long-term setting, as well as emerging ones. It will define key steps needed to create an effective and successful environmental cleaning and disinfection program in the long-term care setting, including risk assessment, needed policies and protocols, and staff education and competency. The properties of ideal disinfecting products will also be discussed. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.</p>	<p>EN</p>	<p>60 min</p>	
<p>Information Security</p>	<p>This training addresses the importance of information security for businesses. Topics covered include working with confidential information, physical safeguards, types of cyber risks and how to prevent them, protecting company assets, and reporting incidents.</p>	<p>EN</p>	<p>15 min</p>	
<p>Injury and Illness Prevention Program</p>	<p>This training covers common elements of an injury and illness prevention program. It includes commitment and responsibilities, hazard recognition and correction,</p>	<p>EN</p>	<p>SP</p>	<p>15 min</p>



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	communication and training, incident investigation, and evaluation, improvement, and recordkeeping.			
Interdisciplinary Care Planning	Interdisciplinary Care Planning requires members of the Interdisciplinary Treatment Team (IDT) to view the Care Plan as a resident centered collaborative effort - rather than as a staff centered document. Learn how to utilize the Care Plan to truly function as a team - working together to enhance the care and quality of resident life. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Intersections, Turns, and Lane Changes for CMV Drivers	This training covers best practices for CMV drivers when navigating intersections, making turns, and performing lane changes. It includes procedures for each maneuver, common dangers, and the importance of defensive driving. (CMV Series)	EN		5-10 min
Lead Awareness	This training addresses the health risks associated with lead as well as how organizations are required to keep employees safe by identifying, monitoring, and controlling lead exposures.	EN	SP	30 min
Lithium-Ion Batteries: Safe Handling, Storage, and Disposal	This training covers basic guidelines for properly handling, storing, and disposing of lithium-ion batteries. It includes additional information on emergency response procedures.	EN	SP	10-15 min
Loading Dock and Wheel Chock Safety	This training helps employees to identify potential risks associated with loading docks. It also discusses best practices for loading dock safety and effectively reducing accidents.	EN		15 min
Lockout/Tagout General Awareness	This general awareness training describes the purpose of lockout, tagout, tryout as well as the roles and responsibilities for employers, affected, and authorized employees. For authorized employees, this training also describes general requirements and procedures for locking out and tagging out machinery.	EN	SP	5-10 min
Machine Guarding	This training describes common motion hazards in the workplace and demonstrates the basic goals of machine safeguarding programs and practices.	EN	SP	10 min
Man Lift Safety	This general awareness micro content training covers best practices to follow to stay safe when working with man lifts.	EN	SP	3 min
MDS 3.0 - Cognitive Patterns, Mood, Behavior, Discharge Plan	The rollout of MDS 3.0 represents one of the most significant changes in the history of the long-term care industry, and we must all be prepared to not only implement MDS 3.0, but to capitalize on the many opportunities that the MDS 3.0 offers. Length: 90 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		90 min
Meaningful Engagement: Creating a Failure Free Activity Program	In an ideal world, the delivery of Activity programs and services would be based on the needs, interests, personal preferences, and customary routines of our residents. True? Of course! But can this "ideal" become a "reality"? Length: 60 minutes 1 CEU. Approval codes will	EN		60 min



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	be available on the course certificate upon completion of the course.			
Medical Records Documentation: What to (and what NOT) to document	Medical records documentation is a vital aspect of the overall care that we provide to our residents. Skilled documentation will support the quality care that we provide. Incomplete, or inappropriate documentation may reduce reimbursement, precipitate survey deficiencies and may even result in substantial fines and penalties. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Montessori Based Activity Programs and Services: An Emerging Best Practice	The Montessori method, originally developed by Dr. Maria Montessori and then adapted by Dr. Cameron Camp, offers a unique approach to the care of individuals with dementia. By adapting the environment to support aging in place and then offering tasks and activities in a manner which recognizes physical, cognitive and psychosocial abilities (rather than limitations), individuals with dementia are afforded the opportunity to remain engaged in meaningful life activities at their highest level. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Office Ergonomics Self-Assessment	An eLearning course on Office Ergonomics Self-Assessment. Students are guided through an assessment of their office workstation, includes information on workplace ergonomics, equipment design, proper posture, and personal factors. (Contains audio).	EN	SP	30 min
Office Fire Prevention	This training covers basic fire prevention principles for the workplace. It includes employer responsibilities, common office fire hazards, precautions to handle fires, and how to use a fire extinguisher.	EN	SP	15 min
Office Workstation Ergonomics	This training course is a self-assessment for employees that provides best practices to achieve proper ergonomics in an office environment. Information includes how to maintain a neutral body position through configuration of your chair, keyboard and mouse, monitor, and overall workplace environment. A quiz is included. (Contains audio).	EN	SP	45 min
Oil and Gas: Explosives Safety	This training covers best practices as suggested by API RP 67 - Recommended Practice for Oilfield Explosives Safety. It includes well site hazards, employer responsibilities, and safety precautions.	EN	SP	8-10 min
Our Angry Resident - Causes and Creative Approaches To Care	Supporting residents who are angry at their peers, family or staff requires patience and understanding. Staff must also be careful to identify the causes or antecedents of the resident's anger, to address the situation as well as to prevent, if possible, its re-occurrence. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Overhead Crane Safety	This training introduces the primary safety issues associated with overhead cranes and rigging procedures.	EN		45-50 min



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	Topics includes proper hoist and rigging inspection, sling selection, and safe crane operation.			
Part 1 of 3 - Bringing it Back to the Basics - Cleaning and Disinfection Tidbits I Wish I had Known as a Novice IP	In this three-part series we will lay the foundation for what all Infection Preventionists (IPs) need to know about cleaning and disinfection, build upon the basics to explore how environmental cleaning and disinfection has changed with the pandemic and look to the future to explore innovations that may evolve how IPs address key challenges. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Part 2 of 3 - The Current State of Healthcare Environmental Cleaning & Disinfection in the Era of COVID-19	In part 2 of this three-part series on cleaning and disinfection we will provide an introduction to a new evidence-based stewardship framework which highlights the importance of environmental cleaning and disinfection. This framework will lay the foundation for the environmental cleaning and disinfection program. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Part 3 of 3 - Environmental Infection Prevention - A Peek Into The Future	This training will describe how new and emerging technologies may impact environmental cleaning and disinfection. We will describe some emerging ways to clean and disinfect or sanitize surfaces and air and cover technologies and software designed to improve the practice of cleaning and disinfection to improve efficacy and efficiency and meet the challenges of environmental infection control. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Participating in a Positive Workplace Culture	This training discusses practical advice for being part of a positive workplace culture It includes how to deal with conflict and positive culture tips for coworker interactions.	EN	SP	10-15 min
Patient and Resident Handling	An eLearning course on patient and resident handling. This training course includes information on risk factors, written plans, transfer and handling equipment and guidelines. A quiz is included. (Contains Audio).	EN	SP	45 min
Person Directed Care: Beyond The Medical Model	Imagine a nursing home environment in which staff come to know and interact with residents as individuals, rather than by their room number or medical condition. Imagine a nursing home in which nursing routines, social services, activity programs, meal menus and daily routines are based on residents' needs, interests, customary routines, and personal preference, rather than on staff convenience or institutional systems. Now, create this reality by embracing Person Directed Care! This model of care represents a significant shift away from the traditional medical model (in which staff do TO or FOR a resident) towards a model of care in which staff come to know their residents as individuals - and then utilize this understanding in the delivery of individualized, resident centered care. Length: 60 minutes 1 CEU. Approval	EN		60 min



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	codes will be available on the course certificate upon completion of the course.			
Personal Protective Equipment Awareness	This training covers the importance of personal protective equipment (PPE), employee responsibilities to properly use and care for it, and an overview of the most common types. Topics include proper use, inspection, maintenance, and storage practices.	EN	SP	10-15 min
Personal Protective Equipment for Management	This manager training provides an overview of personal protective equipment (PPE). It includes the requirements for wearing PPE, the various types, care and maintenance, and employer responsibilities.	EN	SP	45 min
Photographing Accidents for CMV Drivers	This training goes through the steps to take if a driver is involved in a motor vehicle accident and best practices for photographic documentation of an accident scene. (CMV Series)	EN		30 min
Planning for Workplace Emergencies	This training provides guidance for managers looking to build an effective emergency action plan or emergency response plan. It includes guidance on which plan is right for your organization, step-by-step instructions, and helpful resources.	EN	SP	15-20 min
Portable Ladder Safety	This training addresses ladder safety best practices. It includes planning, selection, inspection, maintenance, storage, and safe work practices for stepladders, extension ladders, articulated ladders, and mobile ladder stands.	EN	SP	30 min
Preventative Maintenance	Description: This overview of preventative maintenance covers the basics of a maintenance program and best practices to follow.	EN	SP	8-10 min
Preventing Abuse and Neglect: What WE NEED TO KNOW	An unfortunate consequence of the aging process is that many older adults are vulnerable to incidents of abuse and neglect. Indeed, increased physical and cognitive impairment often results in increased dependence on others which ultimately, creates the very real potential for an abusive situation. Fortunately, incidents of intentional abuse and neglect are rare. Care providers enter their profession with genuine compassion rather than the intent to inflict harm. Nonetheless, incidents of abuse and neglect do occur. The intent of this presentation is to provide training relative to the various types of abuse and neglect, as well as to define the process for mandated abuse reporting. The content of this class is appropriate for all who provide care for at risk older adults. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Proper Harness Use	This general awareness training covers how to properly inspect and wear a fall arrest harness.	EN	SP	3 min
Pull Your Head Out of Your Apps Training	This short training serves as a great reminder of the dangers of distracted driving.	EN	SP	3 min
Recognizing and Reporting Child Abuse	This awareness training aims to help you recognize different types of child abuse. It includes signs to watch for, factors that can increase or decrease a child's risk of	EN	SP	12 min



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	being abused, and guidance on identifying and reporting child abuse.			
Re-Emerging from the COVID-19 Pandemic: Strategies for Patient and Healthcare Worker Safety During Challenging Times	The COVID-19 Pandemic has created unique and long-lasting impacts on the global healthcare delivery system. As more healthcare facilities reopen and engage with patients, it is imperative that healthcare systems and staff take the necessary measures to protect both healthcare workers and also patients. This training will review the necessary elements of infection prevention and control to ensure ongoing safety and continuity of clinical operations in a variety of healthcare settings. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Resident Rights: A Guide For Practical Application	Without question, Resident Rights contribute significantly to quality of our resident's lives. These Rights ensure that our residents can live their lives according to their own wishes, and within an environment of care that is respectful of the individual - as a person beyond the diagnosis. In this engaging discussion of Resident Rights, participants explore practical implications of these rights through guided discovery and the presentation of real-life examples. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Respiratory Protection	This training course includes information on the requirements of a respiratory protection program, types and uses, selection based on hazards, fit test requirements, and proper cleaning procedures.	EN	SP	30 min
Responsible Alcohol Service	This training covers the laws governing the sale and use of alcohol. It includes descriptions of the effects of alcohol on the body, responsibilities and best practices for alcohol sale and service, communication skills, and what to do in the event of an incident.	EN	SP	60 min
Restraint Reduction: Behavioral Alternatives to Physical and Chemical Restraint	This class will focus on the important topic of physical and chemical restraints. We may think we're restraint free, but are we really? We all know that our residents have the right to be free from both physical and chemical restraints. In fact, most (if not all) facilities now have a zero-tolerance policy for the use of restraints when used for discipline, convenience or when not medically justified. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Risk Management - Why We're Sued and Strategies to Minimize the Risk For Litigation	Skilled nursing providers find themselves increasingly exposed to civil and criminal actions from both private and public parties. This purpose of this course is to provide facility staff with the knowledge about the issues increasingly relied upon by private attorneys seeking to file actions against providers for elder abuse and other tort claims. Also, with the increasing scrutiny by a variety of government program integrity contractors, this program will educate staff about the issues relied upon by private	EN		60 min



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	parties and government prosecutors seeking to explore possible actions under the federal false claims act. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.			
Rollover Prevention for Cargo Tanks for CMV Drivers	This training discusses cargo tank rollovers, including how they happen, why they happen, and how to avoid rollovers. It covers vehicle design, load effects, vehicle maintenance, highway factors, and driver factors. (CMV Series)	EN		30 min
Safety Belt Awareness for CMV Drivers	This training reviews safety belt usage statistics among CMV drivers. It includes common misconceptions and the reasons why using your safety belt is always the best option. (CMV Series)	EN		5-10 min
Safety Committee Formation	This training includes information on the safety committee's purpose and responsibilities, how to form a committee, and how to run a safety committee meeting.	EN	SP	15 min
Scissor Lift Safety	This general awareness training covers best practices to follow to stay safe when working with scissor lifts.	EN	SP	4-5 min
SIF/PSIF Awareness Toolbox Talk	This training covers what a SIF (Serious Injuries and Fatalities) and PSIF (Potential Serious Injuries and Fatalities) are and prevention methods for them.	EN	SP	6 min
Silica Exposure Prevention	This training addresses the health risks associated with silica dust and who is at risk. It includes the symptoms of silica dust exposure, how to perform hazard assessments and monitoring, and necessary controls.	EN	SP	45 min
Situational Awareness	This training covers why situational awareness is a key element of workplace safety. It covers strategies for alertness and hazard response scenarios.	EN	SP	10-15 min
Sleep Disorders: Working with Sleep Disorders and the Elderly SNF Resident	This presentation will offer a review of the most recent research findings regarding sleep problems in the elderly. Participants will learn to implement a treatment plan for sleep disorders and identify some of the challenges associated with establishing a successful sleep program within the SNF setting. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Slip, Trip, and Fall Prevention	This training covers how employees can protect themselves and others from slips, trips, and falls in the workplace. It also discusses hazard reporting best practices and what controls to expect from your employer.	EN	SP	10-15 min
Social Media and Email	This training discusses the use of social media in the workplace, email policies, appropriate content, proper conduct, and information security.	EN	SP	15 min
Social Service - Successful Discharge To Community	Discharge planning can be a challenging role requiring staff to balance the discharge goals of the resident, the rights of the resident, and the desire of the IDT to ensure that residents have the support and resources necessary for a safe discharge. In this training participants will: Understand the role of facility staff (especially social service staff) related to discharge and discharge	EN		55 min



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	planning, gain ideas for successful resolution when discharge planning challenges arise, and understand situations of residents leaving Against Medical Advice (AMA) and the role of social services when this occurs. 1 CEU. Estimated completion time is 55 minutes.			
Space Management for CMV Drivers	This training educates drivers on proper following distance, including minimizing the risks posed by blind spots, performing backing operations, navigating intersections, and passing through areas with low overhead clearance. (CMV Series)	EN		30 min
Speed and Stopping Distance for CMV Drivers	This training reviews the four actions which are required to slow and stop a vehicle. Also included is information on how road, weather, vehicle, and driver condition impact stopping distance.	EN		60 min
Spotter Safety	This training covers what spotters are and why they are important when equipment is moving or reversing. It also includes spotter responsibilities, operator responsibilities, and spotter best practices.	EN	SP	10-15 min
Stop Work Authority	This training covers how to know when it's appropriate to initiate Stop Work Authority. It includes who has authority, knowing when to act, and examples of what the process looks like.	EN	SP	10-15 min
Stormwater Best Management Practices	This training covers the definition of stormwater, common stormwater pollutants, how they can impact local waters, and what your organization can do to control their effects.	EN	SP	10-15 min
Stress Management: Managing Stress and Preventing Staff Burnout!	Stress, stress related injuries, and staff "burn out" take a profound toll on both staff and the residents they care for. Contributing to resident and staff injuries, skyrocketing Workers Compensation claims, costly staff turnover and retraining, it is no surprise that Administrators are looking to provide their staff with stress management training and support. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Suicide and the Elderly: What Care Providers Need to Know	Elderly suicide is a very serious problem. Although the elderly (age 65 and older) comprise approximately 13% of the U.S. population, they account for over 18% of all suicides. In real numbers, these figures translate into nearly 15 older adult suicides per day, or one suicide every hour and 37 minutes. Older adult suicide is often triggered by the perceived loss of control over health conditions or financial circumstances - resulting in feelings of hopelessness and helplessness. For the health care provider working with the elderly, this reality possesses significant challenges, as well as significant opportunities for make a real and lasting difference. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Supervisor and Manager Safety: Conducting Safety	This general awareness training provides both supervisors and managers with information to conduct	EN	SP	10-15 min



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Meetings and Toolbox Talks	safety meetings and toolbox talks. It includes what they cover and best practices for presenting them.			
Supervisor and Manager Safety: Incident Investigations	This general awareness training covers the breakdown of the incident investigation process. It includes how to prepare, best practices to follow for the scene of the incident, root cause analysis, and corrective actions.	EN	SP	15 min
Supervisor and Manager Safety: Management and Coaching Skills for Leaders	This training discusses strategies for managing and coaching employees effectively. Topics include time management, communication, and problem-solving.	EN	SP	10-15 min
Supervisor and Manager Safety: Managing Employee Wellness and Well-being	This training for supervisors and managers covers how to manage employee wellness and well-being. It includes best practices for addressing workplace problems, supporting employee goals, and encouraging wellness in the workplace.	EN	SP	10-15 min
Supervisor and Manager Safety: Promoting a Safe Workplace Environment	This training for supervisors and managers discusses how to promote a safe workplace environment. It includes best practices for promoting a safety culture, including communicating and encouraging participation.	EN	SP	10-15 min
Supervisor and Manager Safety: Safety Leadership	This training discusses practical tips for promoting a safety culture that goes beyond policies and procedures. It includes best practices for employee participation and leadership responsibilities.	EN	SP	15 min
Supervisor and Manager Safety: Successful Transition to a Leadership Role	This training introduces learners to challenges they can expect as they transition to a new leadership role as well as skills that will help them to make a strong start. Topics include managing expectations, communication, and relationship-building.	EN	SP	10-15 min
Supporting the Challenging Family	Although every facility would like to see family involvement in the life of the resident and the life of the facility, there are times when such involvement may become more of an impediment than an enhancement. Unfortunately, challenges arise when families choose to move beyond resident support and begin instead to micromanage resident care. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Technology Today: Engaging our Residents with Today's Technology!	Today's technology has the potential to significantly enhance the quality of life for our residents. Imagine, at the touch of a button or the click of an icon our residents could interact - face to face - with friends, family and growing grandchildren around the globe! Imagine viewing family photos and videos downloaded by friends and family, again at the touch of a button or the click of an icon. Imagine reading up to the minute local, national and global news, sports and politics (in any size print imaginable), playing games and even watching movies. For most of us, this won't take much imagination, but for the elderly, and those on the other side of the "digital	EN		60 min



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	divide", this might as well be science fiction. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.			
The Hidden Cost of Accidents for CMV Drivers	This training discusses CMV accidents and their effects on the motor carrier. It includes expenses incurred, the effects on the driver, the preventability of accidents, and the importance of a company-wide devotion to safety. (CMV Series)	EN		15-20 min
The Invisible Resident: Re-engaging the Disassociated Resident	An unfortunate reality within many assisted living and skilled nursing facilities is that some residents become invisible. For some, it is the result of an inability to communicate and express one's unique needs, interests, routines and preferences. For others, invisibility is the unanticipated consequence of how they have adapted to their new living environment. For all, however, invisibility limits their opportunities for meaningful engagement in personally satisfying activities and experiences. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Tire Repair Safety	This training discusses how to safely repair passenger car and light truck tires. Topics include determining repairability, tire inspection steps, and procedures for safe puncture repair.	EN		15 min
Trailer Coupling and Uncoupling for CMV Drivers	This training goes over best practices for coupling and uncoupling tractor- trailers. It includes step-by-step instructions and safety tips and should be used in conjunction with on-the-job, truck-specific training.	EN		15-20 min
Transfer Trauma (Relocation Stress Syndrome): Implications for Room Changes and Resident Relocation	Transfer trauma refers to the consequence of resident relocation. Whether the relocation involves moving into a nursing home or a move from one room to another, the implications upon physical and cognitive functioning as well as psychosocial well-being may be significant and devastating. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Travel Safety	This training provides guidance on airport and hotel safety as well as behaviors that discourage robbery and other crimes while traveling.	EN	SP	15 min
Trenching Safety Series: Site Controls	This training provides information on soil types and inspections as well as general safety measures.	EN		30 min
Trenching Safety Series: Soils, Inspections, and Cave-ins	This training provides information on prevention and protection against cave-ins, including cave-in hazards, planning a safe excavation, soil types, and engineering controls.	EN	SP	30 min
Truckers Against Trafficking Certification for CMV Drivers	This training addresses how CMV drivers play a vital role in combating the crime of human trafficking. It provides guidance on how to identify potential trafficking situations and how to notify authorities of suspicious activity. (CMV Series)	EN		30-35 min
Uncovering Your Creativity: A	In today's dynamic and ever-changing health care environment, health care leaders, including	EN		60 min



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primer on creativity and critical thinking in the workplace - Part 1	Administrators, Nurses, Activity, Social Service, Dietary and Rehabilitation professionals are increasingly called upon to identify creative solutions to never been seen before challenges. The ability to identify unique approaches to these challenges - and to see them as opportunities for growth, requires both creative and critical thinking skills. This is a two-part course. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.			
Uncovering Your Creativity: A primer on creativity and critical thinking in the workplace - Part 2	In today's dynamic and ever-changing health care environment, health care leaders, including Administrators, Nurses, Activity, Social Service, Dietary and Rehabilitation professionals are increasingly called upon to identify creative solutions to never been seen before challenges. The ability to identify unique approaches to these challenges - and to see them as opportunities for growth, requires both creative and critical thinking skills. This will be a two-part webinar. Each webinar will stand alone, but both webinars will enable participants to develop the knowledge, skills and abilities to utilize both creativity and critical thinking skills as they strive to enhance the quality of their resident's lives. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Understanding HACCP	This training discusses Hazard Awareness and Critical Control Points (HACCP) for food processing managers. It includes HACCP plan best practices and the seven principles that allow HACCP teams to identify, evaluate, and control food safety hazards.	EN	SP	45 min
Understanding HIPAA - Breach and Noncompliance	This course describes the Breach and Noncompliance component of HIPAA including the purpose and definition of the breach notification rule and the tiers of civic and criminal violation penalties for noncompliance. Interactive case studies and links to supplementary PDF handbooks are included.	EN		60 min
Understanding HIPAA - General Awareness	This training covers the requirements set forth in the health insurance portability and accountability act (HIPAA) surrounding personal health information (PHI). This course cautions employees to treat any patient information carefully and reviews how to handle it properly.	EN	SP	60 min
Understanding HIPAA - The Privacy Rule	This training focuses on the Privacy Rule component of HIPAA, describing the regulation for the use and disclosure of protected health information (PHI). The course includes information on use and disclosure, individual rights, administrative safeguards including requirements for covered entities, and state laws. Case studies and a reference handbook are included.	EN		60 min
Understanding HIPAA - The Security Rule	This training focuses on the Security Rule component of HIPAA, describing the protection of electronic protected health information (ePHI). It includes information on	EN		60 min



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	administrative, physical, and technical safeguards necessary to protect an individual's electronic health information, along with state laws. Case studies and a reference handbook are included.			
Understanding Mental Illness	Throughout the nursing home industry, care providers are seeing a dramatic increase in the number of residents admitted with a diagnosis of mental illness. This presents a significant challenge to care providers whose professional education may not have adequately prepared them to care for these residents. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Understanding Psychotropic Medication: A Guide For Social Services And Activities	Years ago, Social Service and Activity staff were not expected to understand psychotropic medication, let alone have a substantive role within the Inter-Disciplinary Treatment Team. Contemporary Social Service and Activity professionals, however, are now required to be clinicians with a basic understanding of psychotropic medications - their uses, their side effects and their contraindications. In this presentation, participants will be provided with an overview of the types, classifications, and indications of psychotropic medications as well as potential side effects. This information will help you gain competence and confidence in your role as a member of the IDT within the psychotropic medication discussion. Although the presentation is geared towards Social Services and Activity staff, the review will be beneficial and practical for all care providers. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Understanding the Psychosocial Needs of Our Younger Residents	Skilled Nursing Facilities throughout the United States are experiencing a significant increase in the number of younger residents they are caring for. These residents present both challenges as well as opportunities. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Walking and Working Surfaces	This training covers proper cleaning procedures to prevent slips, trips, and falls, and why good housekeeping is everyone's responsibility.	EN	SP	10-15 min
Watching Out for One Another	This training goes over tips for watching out for the safety of others. It includes intervening when you see a hazard and best practices to follow to be a safe coworker.	EN	SP	10-15 min
Web Marketing 101: Effective Online Marketing For The Skilled Nursing Facility	Web marketing is transforming every industry, including those caring for the elderly. Is your facility easily found online? Is your value proposition and brand clear to prospective residents? This training discusses the basics of online marketing that every administrator needs to know to compete in today's web-based world. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Welding and Hot Work	This training explains hot work techniques, hazards and safeguards, proper personal protective equipment (PPE),	EN	SP	35-45 min



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	arc welding safety, torch use and inspection, and cylinder handling and storage.			
What's Lurking in Your Sinks And Drains, and Implications for Infection Control	This training will provide an overview of CRO outbreaks reported in facilities around the world in which sinks and drains were suspected as the source of the outbreak, describe features and characteristics of outbreaks and the rationale for them, then describe interventions and actions to mitigate the risk from sinks and drains contaminated with CRO. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Who Are The Elderly: Dispelling Myths and Misconceptions	Best practice approaches to the care of residents requires that Administrators, nurses and health care providers understand who their residents are as individuals - rather than whom they assume them to be based upon long held myths and misconceptions. Clearly, we all have preconceived notions concerning the elderly, acquired from family, friends and even the media. However, when examined, these assumptions often prove to be far from accurate at best, and harmful at worst. This course will illuminate many commonly held belief systems concerning our elderly residents and provide accurate information which may then be applied to the delivery of care. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Wildfire Smoke Safety	This training covers the basics of wildfire smoke safety precautions and procedures. Specifically, the training goes over health effects, symptoms, sensitive groups, protective measures, medical treatment, employee rights, and employee/employer responsibilities. Time to complete is 15-20 minutes.	EN	SP	15-20 min
Winter Safety	This general training covers best practices for avoiding hazards in winter. It includes recognizing, avoiding, and responding to cold stress as well as handling slip trip and fall hazards and additional challenges while driving.	EN	SP	10-15 min
Work Zone Safety for CMV Drivers	This training covers hazards in common work zone transition points, such as the advanced warning area, transition area, activity area, and termination area. It addresses common mistakes and best practices for avoiding accidents. (CMV Series)	EN		10-15 min
Working in Seasons	This training illustrates real-world scenarios and the hazards that come with facing temperature extremes while working outside in different seasons.	EN	SP	15 min

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Online Trainings: Human Resources

Course Name	Course Description	EN	ESP	Length
Abusive Workplace Conduct Prevention	This training defines abusive conduct and explores strategies for dealing with it. It includes the negative effects, how to recognize it, how to report it, and ways everyone can improve the workplace environment. HRCI Credit Hours: 1 (HR General)	EN	SP	30-40 min
Active Shooter Preparedness	This training discusses how to prepare for the threat of active shooters through an emergency action plan. It also includes a strategy for responding to active	EN	SP	25-30 min
Alcohol in the Workplace (FMCSA-Compliant)	This FMCSA-compliant training covers regulations on alcohol abuse in the workplace for CMV managers and drivers. It includes signs and symptoms of alcohol abuse, making a reasonable suspicion determination, and testing procedures. (49 CFR §382.603)	EN		60 min
Anti-Harassment for California Managers (AB1825-compliant)	Specifically for California managers, this training meets all California requirements including SB1343, SB1300, SB778, AB1825, AB2053 and SB396. It combines our HRCI-approved, interactive Anti-Harassment training series into one two-hour course for California managers. The training includes the following sections: Anti-Harassment Manager Overview, Anti-Harassment Training, Abusive Workplace Conduct Prevention, and Investigating Harassment Claims for Managers.	EN	SP	120-130 min
Anti-Harassment Training for Employees – California	This training for California employees defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.	EN	SP	60-70 min
Anti-Harassment Training for Employees – Connecticut	This training for Connecticut employees defines unlawful harassment and helps employees recognize, prevent, and report it. The training also covers abusive workplace conduct and harassment prevention practice scenarios.	EN	SP	120 min
Anti-Harassment Training for Employees – Delaware	This training for Delaware employees defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.	EN	SP	30-40 min
Anti-Harassment Training for Employees – Illinois	This training for Illinois employees defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.	EN	SP	30-40 min
Anti-Harassment Training for Employees – Maryland	This training for Maryland employees defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.	EN	SP	30-40 min



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Anti-Harassment Training for Employees – Maine	This training for Maine employees defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.	EN	SP	30-40 min
Anti-Harassment Training for Employees – Multistate	This HRCI-approved training for employees defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.	EN	SP	30-40 min
Anti-Harassment Training for Employees – New York	This training for New York employees defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.	EN	SP	40-45 min
Anti-Harassment Training for Employees – Oregon	This training for Oregon employees defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.	EN	SP	30-40 min
Anti-Harassment Training for Employees – Texas	This training for Texas employees defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.	EN	SP	30-40 min
Anti-Harassment Training for Employees – Vermont	This training for Vermont employees defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.	EN	SP	30-40 min
Anti-Harassment Training for Employees – Washington D.C.	This training for Washington D.C. employees defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.	EN	SP	30-40 min
Anti-Harassment Training for Managers – Connecticut	This 2-hour training for Connecticut managers includes manager responsibilities and how to recognize, prevent, and report harassment. The training also covers abusive workplace conduct and harassment prevention practice scenarios.	EN	SP	120 min
Anti-Harassment Training for Managers – Delaware	This training for Delaware managers defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.	EN	SP	30-40 min
Anti-Harassment Training for Managers – Illinois	This training for Illinois managers defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.	EN	SP	30-40 min
Anti-Harassment Training for Managers – Maryland	This training for Maryland managers defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.	EN	SP	30-40 min



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Anti-Harassment Training for Managers – Maine	This training for Maine managers defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.	EN	SP	30-40 min
Anti-Harassment Training for Managers – Multistate	This HRCI-approved training for managers defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.	EN	SP	30-40 min
Anti-Harassment Training for Managers – New York	This training for New York managers defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.	EN	SP	45-50 min
Anti-Harassment Training for Managers – Oregon	This training for Oregon managers defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.	EN	SP	30-40 min
Anti-Harassment Training for Managers – Texas	This training for Texas managers defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.	EN	SP	30-40 min
Anti-Harassment Training for Managers – Vermont	This training for Vermont managers defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.	EN	SP	30-40 min
Anti-Harassment Training for Managers – Washington D.C.	This training for Washington D.C. managers defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.	EN	SP	30-40 min
Conducting Effective Interviews	This training gives an overview of best practices and legal standards associated with interviewing. It includes preparation, behavioral interviewing, lawful and unlawful topics, and evaluation of candidates. HRCI Credit Hours: 1 (HR General)	EN		40 min
Conducting Effective Interviews Self-Evaluation Tool	This self-evaluation tool helps to review interviewing process and technique. It is designed to be taken 30 – 90 days after completing Conducting Effective Interviews and only after conducting one or more interviews since course completion.	EN		5 min
Discipline on the Job	This training discusses enforcing and communicating policies and procedures. It includes manager responsibilities, the investigation process, legal considerations, and documentation requirements. HRCI Credit Hours: 1 (HR General)	EN		5-15 min
Drug and Alcohol Awareness for Employees	This general awareness training covers the importance of having a drug and alcohol free workplace. It includes signs and symptoms, preventive action, and getting support.	EN	SP	10 min
Drug-Free Workplace: Drug-	This training provides an overview on the elements of a Drug and Alcohol-Free Workplace Program. It addresses	EN		15 min



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Free Workplace Programs	policies, training requirements, drug testing protocols, and best practices to consider when developing a Drug and Alcohol-Free Workplace Program. This training is part 1 of 2.			
Drug-Free Workplace: Reasonable Suspicion Testing	This training outlines the reasonable suspicion drug and alcohol testing process which includes observation and documentation of employee behavior, confronting an employee for consent to a drug test, and managing test results. It also provides a high-level overview of drug use symptoms in employees, along with do's and don'ts during confrontations. This training is part 2 of 2.	EN		30 min
Drugs and Alcohol in the Workplace (FMCSA-Compliant)	This training for CMV managers and drivers covers the relevant sections of the FMCSA regulations for the use of drugs and alcohol in the workplace. Includes relevant sections of the regulations, signs and symptoms of drug and alcohol use, and the process of making a reasonable suspicion determination for drug or alcohol testing. This training satisfies FMCSA requirements for employees in a supervisory role to receive at least 120 minutes of training on drug and alcohol use (49 CFR §382.603).	EN		130 min
Drugs in the Workplace (FMCSA-Compliant)	This training for CMV managers and drivers covers the relevant sections of the FMCSA regulations for the use of drugs in the workplace. Topics discussed include information on the five classes of prohibited drugs, signs and symptoms of drug use, the process of making a reasonable suspicion determination, and testing procedures. This training satisfies FMCSA requirements for employees in a supervisory role to receive at least 60 minutes of training on drug use (49 CFR §382.603).	EN		60 min
Dynamic Volunteers: Building a Successful Volunteer Program	Building a dynamic volunteer program is a challenge to all facilities. The benefits are numerous and justify the investment of time and effort on the part of the volunteer coordinator. Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Effective Feedback	This microcontent topic covers how managers and supervisors can give helpful feedback. It includes elements of effective feedback with examples and best practices to follow.	EN	SP	4-5 min
Effective Time Management	Time Management ... now that is a skill that we could all benefit from! Effective time management strategies empower us to use time effectively, accomplish more, often in less time and with less effort! Imagine the sense of accomplishment you will feel leaving work at the end of each day knowing that you are "caught up" and on top of your work! Length: 60 minutes 1 CEU. Approval codes will be available on the course certificate upon completion of the course.	EN		60 min
Employee Evaluations	This training discusses conducting fair and productive employee evaluations. It includes manager responsibilities, evaluation structure, communication	EN		15 min



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	skills, setting objectives, and documentation requirements. HRCI Credit Hours: 1 (HR General)			
Ethics in the Workplace	This training discusses the role of ethics in the workplace. It includes the importance of ethics, an overview of ethical standards, tools to help learners navigate ethical dilemmas, and different scenarios based on the learner's role.	EN	SP	15-20 min
Exempt vs Nonexempt Classification	This training explores strategies that employers can use to properly classify an employee as exempt or non-exempt based on factors such as salary, job classification, and job duties.	EN		10 min
Fair Labor Standards Act (FLSA)	This training on the Fair Labor Standards Act provides employers with information regarding child labor laws, exempt vs nonexempt employees, and overtime calculations.	EN		10-15 min
Health and Wellness	An educational online training program designed to help employees make informed decisions about diet, exercise and lifestyle choices that impact their health and quality of life.	EN	SP	90 min
Healthy Work-Life Balance	This training discusses examples of what good work-life balance looks like as well as tips that can be used to maintain it.	EN	SP	3-4 min
Hiring Best Practices	This training, designed for HR Professionals, introduces techniques to improve a company's hiring and onboarding processes. Topics covered include finding and attracting the right candidates, interviewing tips, and onboarding advice.	EN		10 min
Horseplay Prevention	This training outlines examples of practical jokes on the job and the dangerous consequences that can result.	EN	SP	15 min
Investigating Harassment Claims for Managers	This training immerses managers in the experience of conducting an effective harassment investigation. Managers will learn how to handle complaints, interview witnesses, and take corrective action while putting their skills and knowledge into practice. This training should be used in conjunction with an Anti-Harassment Training course for a foundational understanding of harassment in the workplace. (Note for California managers: This training module is included in the Anti-Harassment Training for CA Managers course.)	EN	SP	45-60 min
Modified Transitional Duty for Management	This training describes the benefits of transitional duty and return-to-work programs for injured employees, as well as program components and implementation.	EN	SP	15 min
Performance and Conduct Management	This general training for managers and supervisors covers best practices to use when conducting performance and conduct management with employees.	EN	SP	3-4 min
Responsible Alcohol Service	This training covers the laws governing the sale and use of alcohol. It includes the effects of alcohol, responsibilities and best practices for sale and service, communication skills, and what to do in the event of an incident.	EN	SP	60 min



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Social Media and Email	This training discusses the use of social media in the workplace, email policies, appropriate content, proper conduct, and information security.	EN	SP	15 min
Supervisor and Manager Safety: Managing Employee Wellness and Well-being	This training for supervisors and managers covers how to manage employee wellness and well-being. It includes best practices for addressing workplace problems, supporting employee goals, and encouraging wellness in the workplace.	EN	SP	10-15 min
Understanding HIPAA: Breach and Noncompliance	This course describes the Breach and Noncompliance component of HIPAA including the purpose and definition of the breach notification rule and the tiers of civil and criminal violation penalties for noncompliance. Interactive case studies and links to supplementary PDF handbooks are included.	EN		60 min
Understanding HIPAA: General Awareness	This training covers the Health Insurance Portability and Accountability Act (HIPAA) requirements for personal health information (PHI). It includes guidelines for proper handling to avoid costly violations.	EN	SP	60 min
Understanding HIPAA: The Privacy Rule	This training covers the Privacy Rule component of HIPAA, which addresses the regulations around disclosure of PHI. It includes safeguards and individual rights.	EN		60 min
Understanding HIPAA: The Security Rule	This training covers the Security Rule component of HIPAA, focusing on electronic protected health information (ePHI). It includes proper safeguards, incident response, access controls, and transmission security	EN		60 min
What is an Ex-Mod?	This video defines an ex-mod and illustrates how it impacts a company's bottom line	EN		5 min
What is HR and Why Does it Matter?	This short format course introduces the learner to Human Resources and its primary functions.	EN		2-3 min
Workplace Violence: Coworker Confrontations	This training discusses common forms of workplace violence, including warning signs and behaviors, employee and employer responsibilities in preventing and reporting incidents, and components of a workplace violence prevention program.	EN	SP	15 min
Workplace Violence: Healthcare and Social Services	This training covers the types of workplace violence that employees in healthcare and social services may encounter. It includes risk factors, elements of a prevention program, and program controls.	EN	SP	30 min
Workplace Violence: Late-Night Retail	This training covers the types of workplace violence that employees in late- night retail positions may encounter. It explains risk factors, elements of a prevention program, and program controls.	EN	SP	30 min
Workplace Violence Prevention and Active Shooter Response	This awareness training discusses workplace violence prevention and active shooter response. Topics include the types of workplace violence, potential warning signs and how to respond, what to do in an active shooter situation, and how to handle various forms of threats in the workplace. This training complies with California's SB	EN	SP	20 min



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	553: Mandatory Workplace Violence Prevention Plan and Injury and Illness Prevention Plan, however, training on company-specific policies, procedures, and programs will be needed beyond this training.			
Workplace Violence Prevention and Active Shooter Response: New York	This general awareness training for employees and managers covers types of workplace violence, warning signs to look out for, and how to respond to workplace violence situations, including active shooter response. It includes New York state specific requirements, such as the employer role, plan requirements, training, documents for employees, and silent response buttons.	EN	SP	18 min

Safety Videos

Course Name	Course Description	EN	ESP	Length
Accident Investigation	The investigation and tracking of incidents allow your company to understand safety risks and proactively use training or interventions to prevent future incidents. In this training, we will dig more into the proactive ways to address them.	EN	SP	10 min
Active Shooter – Surviving an Attack	This course addresses the realities of active shooter scenarios, providing a comprehensive understanding of shooter profiles, motivations, and tactics. You will learn to recognize warning signs, develop a personal safety plan, and implement effective response strategies.	EN	SP	14 min
Aerial Lifts in Industrial and Construction Environments	This training on Mobile Elevating Work Platforms covers the essentials for operating MEWPs safely and effectively. You'll learn about the different categories of MEWPs and the unique hazards associated with each.	EN	SP	16 min
Arc Flash	This training focuses on what arc flash is, its hazards and how employees can avoid it on the job. It also provides practical procedures employees can use to protect themselves from electric shock.	EN	SP	16 min
Asbestos Awareness	This training will discuss what asbestos is, where it is found, who is most at risk, and why it is a serious health hazard. In addition, this course will break down some of the most essential regulations put in place by both OSHA and the EPA to protect everyone from asbestos exposure and the negative health effects this exposure can cause.	EN	SP	19 min
Back Safety	This training teaches you to identify and avoid common hazards that contribute to back strain, how to better design and interact with your work environment (ergonomics), and how to catch early signs and symptoms of back injury.	EN	SP	12 min
Back Safety in Industrial Environments	This training discusses situations that can lead to back injuries and what employees can do to avoid them, both at work and at home.	EN	SP	10 min



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Back Safety in Office Environments	This training on Back Safety in Office Environments discusses situations that can lead to back injuries and what employees can do to avoid them, both at work and at home.	EN	SP	16 min
Bloodborne Pathogens in General Industry	This training will discuss how occupational bloodborne pathogen exposure can occur and how the layers of protection, which include engineering controls (like sharps containers), work practice controls (like proper handwashing), and personal protective equipment (PPE) can prevent an exposure. This training will also cover employer responsibilities.	EN	SP	14 min
Bucket Safety	This training will help you identify and prevent potential hazards associated with boom lift use. You will learn how boom lifts operate and how OSHA regulations keep everyone safe during their use.	EN	SP	12 min
Bullying & Other Disruptive Behaviors	Abusive behaviors, like bullying or harassment, cause psychological harm that can lead to depression, low morale, time away from work, decreased productivity, threats or physical violence, and other harm. In this training you will learn how to prevent and properly handle these situations. This training is for both employees and managers.	EN	SP	10 min
Caught-In/Between and Struck-By Hazards in Construction Environments	This training provides a solid overview of common struck-by and caught-in or -between hazards, covering topics like machine guarding, lockout-tagout procedures, and the vital role of PPE. Also discussed are best practices in excavation safety, demolition work, and more.	EN	SP	13 min
Chainsaw Safety	This training includes safety tips and hazards of chain saws. Most chain saw accidents are a result of lack of proper training and unsafe acts by the operator.	EN		11 min
Commercial Mower Safety	This training focuses on the safety features of commercial mowers, maintenance, and accident prevention tips.	EN		13 min
Confined Space Entry	The objective of this Confined Space Entry video program is to address the major areas of employee training required by the regulation.	EN	SP	9 min
Conflict Resolution	This training will explain the causes of workplace conflict and how to resolve it. It will include effective conflict resolution skills and strategies as well as other tips on successful communication.	EN	SP	16 min
Crane Safety	This course will help you identify and respond to potential hazards associated with the use of cranes and derricks. You will learn the types of cranes many construction sites use, and the steps involved in becoming a certified operator.	EN	SP	17 min
Dealing with Drug and Alcohol Abuse	This training will give learners a comprehensive understanding of drug and alcohol abuse in the workplace. Additionally, you will gain the necessary tools to proactively address this issue.	EN	SP	14 min
Dealing with Drug and Alcohol Abuse	This training will give learners a comprehensive understanding of drug and alcohol abuse in the	EN	SP	14 min



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for Managers and Supervisors	workplace-. Additionally, you will gain the necessary tools to proactively address this issue.			
Dealing With Hazardous Spills	This training on Dealing with Hazardous Spills helps workers understand the hazards that can be associated with HAZMATs and the cleanup procedures that can mitigate them.	EN	SP	11 min
Distracted Driving	In this training you will learn about the hazards associated with distracted driving, sources of driver distraction - including visual, auditory, physical, and mental distractions, as well as tips and strategies for keeping yourself and others safe.	EN	SP	13 min
Diversity in the Workplace	This training provides you with insights into protected categories and groups, the goals and advantages of building a diverse workforce, and methods of fostering a culture of belonging and inclusion.	EN	SP	11 min
Driving Defensively	This training provides the information employees need to drive defensively. Topics include identifying potential hazards, anticipating other drivers' actions, and applying appropriate response techniques.	EN	SP	21 min
Driving Safety: The Basics	This training on Driving Safety: The Basics provides the information employees need to drive cars, vans and small trucks safely, both on and off the job.	EN	SP	16 min
Electrical Safety	This training describes the basics of electricity, including voltage, current, resistance, and the role of conductors, insulators, and grounding in electrical safety. It will also explain how electric circuits work and how our bodies can inadvertently become part of these paths.	EN	SP	16 min
Electrical Safety in the Laboratory	This training on Electrical Safety in the Laboratory emphasizes the need for safety when using electricity and discusses how to reduce the potential for accidents involving electrical shock, fire and explosions.	EN		12 min
Eye Safety	This training on Eye Safety provides employees with the information they need to recognize and avoid eye hazards that they can encounter in their workplace.	EN	SP	15 min
Fighting Fatigue in the Workplace	This training on Fighting Fatigue in the Workplace discusses the causes of fatigue, the hazards that it creates and what employees can do to avoid it.	EN	SP	14 min
Fire Prevention in the Office	MARCOM's program on Fire Prevention in the Office looks at what causes office fires and what can be done to prevent them as well as what employees should do in case of a fire emergency.	EN	SP	16 min
First Aid	This training will orient you to the major categories of risk and types of first aid, give you an overview of the supplies and equipment involved, describe what to do before choosing to administer first-aid, and walks you through some of the steps for performing first-aid for common injuries and illnesses.	EN	SP	20 min
First Aid in Construction Environments	This training discusses what employees should do and not do when someone is sick or injured, and how to determine when they should call for emergency assistance.	EN	SP	26 min



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Fitness and Wellness	This training shows employees how small changes in lifestyles can produce big benefits. While wellness is a gradual process, eliminating negative lifestyle factors can help keep employees healthy.	EN	SP	15 min
Flammables & Explosives in the Laboratory	This training will break down the specific requirements for handling hazardous materials, from storage and labeling to emergency procedures. You'll learn how to create effective safety protocols and critical elements including safe storage techniques, proper disposal methods, and how to recognize and respond to exposure risks.	EN	SP	13 min
Forklift/Powered Industrial Truck Safety	This training breaks down the essential concepts you need to know, from the basics of static stability to the complexities of dynamic conditions. Learn how to anticipate and adjust for shifts in the center of gravity, how to operate safely on slopes, and how to maintain situational awareness in busy or confined environments.	EN	SP	10 min
GHS Container Labeling	This training will guide you through the key components of GHS labeling. You'll gain a comprehensive understanding of the seven core elements of GHS labels and the nine hazard pictograms. There will be practical examples to help you interpret labels accurately and apply this knowledge in your day-to-day operations.	EN	SP	16 min
GHS Safety Data Sheets	This course covers the Globally Harmonized System (GHS) Safety Data Sheets (SDS) and their importance in communicating the hazards of chemicals in the workplace. Participants will learn how to read and understand the 16 sections of an SDS, including the 9 standard hazard pictograms used and their meanings.	EN	SP	14 min
Hand & Power Tool Safety	This program deals with the proper use of hand and power tools with an emphasis on safety.	EN	SP	11 min
Hand, Wrist & Finger Safety	This training delves into the vital aspects of safeguarding the well-being of your hands, wrists, and fingers in the workplace. We will explore the potential hazards, risk factors, and preventive measures related to hand and wrist safety, equipping you with the knowledge and tools necessary to create safer work environments.	EN	SP	16 min
Hand, Wrist & Finger Safety in Construction Environments	This training delves into the vital aspects of safeguarding the well-being of your hands, wrists, and fingers in the workplace. We will explore the potential hazards, risk factors, and preventive measures related to hand and wrist safety, equipping you with the knowledge and tools necessary to create safer work environments.	EN	SP	21 min
Handling A Sexual Harassment Investigation	This training will discuss the laws that surround sexual harassment in the workplace. It will also discuss policy guidance relevant to investigating complaints and how to handle them.	EN	SP	15 min
Handling Compressed Gas Cylinders in the Laboratory	This training will help learners to identify and respond to potential hazards associated with compressed gases, including cryogenic liquids. You will learn the specific hazards associated with each type of compressed gas and how to properly handle and use them.	EN	SP	16 min

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Hazard Recognition	This training will help you to identify and recognize common workplace hazards including examples found across all industries and explain how to properly report an incident when one does occur. It will also discuss how future incidents can be reduced or eliminated through the completion of periodic inspections, as well as job safety analysis and root cause analysis reports.	EN	SP	14 min
HAZWOPER Accidental Release Measures & Spill Cleanup Procedures	This course will describe hazard communication basics, hazardous materials safety training and spill containment.	EN	SP	11 min
HAZWOPER Confined Space Entry	This course will help you identify, prepare for, and respond to potentially hazardous work in or near confined spaces.	EN	SP	9 min
HAZWOPER Dealing with the Media in Emergency Situations	This course will detail the public-facing side of emergencies. Dive deeper into media outreach, building an emergency preparedness plan, and the strategies you need in place before deploying an emergency response.	EN	SP	11 min
HAZWOPER Electrical Safety in HAZMAT Environments	Electricity is everywhere and an important part of daily life and the workplace. However, electricity can also be dangerous, especially when used in an environment with hazardous materials (HAZMAT). In this training, you will learn the most common hazards related to electricity, common injuries that can happen, and how to prevent them.	EN	SP	10 min
HAZWOPER Emergency Response Plan	This training will provide an overview of all required elements of an emergency action plan.	EN	SP	13 min
HAZWOPER Exposure Monitoring and Medical Surveillance	This course covers exposure monitoring, the use of monitoring equipment, and the integration of medical surveillance programs. It describes how to identify hazardous substances, conduct exposure assessments, and select appropriate monitoring procedures for both real-time and periodic sampling. It also discusses biological monitoring needed to track exposure over time and how to interpret and act on monitoring data.	EN	SP	14 min
HAZWOPER Fire Prevention	This training on HAZWOPER fire safety training, prevention, and response is designed to equip you and your colleagues with the knowledge and tools needed to navigate these challenges with confidence.	EN	SP	14 min
HAZWOPER Handling Hazardous Materials	This training helps workers understand the hazards that can be associated with HAZMATs and the cleanup procedures that can mitigate them.	EN		11 min
HAZWOPER HAZMAT Labeling	This course will discuss the responsibilities of the shipper and carrier in the transport of hazardous materials, aspects of container labeling, specifically placarding and ID numbers including what they are, what they tell us, and when and where they are required. You'll also learn how to properly store common hazardous materials.	EN	SP	14 min



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HAZWOPER Heat Stress	In this training designed for a HAZWOPER setting, you will identify common risk factors of environmental heat and bodily overheating, learn the main dangers of heat exposure, and explore safe work practices.	EN	SP	14 min
HAZWOPER Personal Protective Equipment and Decontamination Procedures	This course will discuss the best practices and standard operating procedures used to properly control exposure to hazardous waste. It will also review HAZMAT levels and the proper donning and doffing of PPE. Finally, it will discuss what decontamination is, the methods used to remove contaminants, and how to determine if the method was successful.	EN	SP	16 min
HAZWOPER Respiratory Protection and Safety	This training will examine the nature of respiratory hazards, why they're not always immediately apparent, and how they can have lingering long-term health effects. It will also discuss the selection and use of suitable NIOSH-certified respirators and the unique applications and limitations of each. Also discussed are medical evaluations, fit tests, and employer responsibilities.	EN	SP	14 min
HAZWOPER Safety Orientation	This training will explain the goals of HAZWOPER and how to determine when it does and does not apply. It will review key components of the Hazard Communication standard. Also discussed are who requires HAZWOPER training, what the training entails, and how much is needed based on your job. Each section of the HAZWOPER standard will be reviewed at a high level.	EN	SP	22 min
HAZWOPER Site Safety and Health Plan	This course will help you understand what HAZWOPER incidents are and how they can be safely and effectively handled following OSHA regulations. Proper training and monitoring are a big part of keeping all employees safe and healthy while working with hazardous substances	EN	SP	23 min
HAZWOPER Understanding Chemical Hazards	This training will identify and discuss common examples of hazardous materials used in several industries and explain the nine GHS chemical hazard symbols. You'll also learn how to keep yourself safe in the workplace by using proper PPE and how to handle a spill and store, transport, and dispose of hazardous materials.	EN	SP	15 min
HAZWOPER Work Practices and Engineering Controls	This training covers the effective use of engineering controls, such as ventilation systems, isolation barriers, and automated systems, that aim to minimize or eliminate worker exposure to hazardous substances. Participants will learn how to assess their work environment for potential hazards, select and implement appropriate controls, and ensure these controls are maintained to operate effectively.	EN	SP	14 min
Heat Stress	In this training, you will identify common risk factors of environmental heat and bodily overheating, learn the main dangers of heat exposure, and explore safe work practices. Staying safe during hot, humid, or physically demanding tasks first involves recognizing potential hazards, unique physiological considerations, and workplace conditions.	EN	SP	10 min



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Heat Stress in Construction Environments	In this training designed for construction workers, you will identify common risk factors of environmental heat and bodily overheating, learn the main dangers of heat exposure, and explore safe work practices. Staying safe during hot, humid, or physically demanding tasks first involves recognizing potential hazards, unique physiological considerations, and workplace conditions.	EN	SP	10 min
HIPAA Rules and Compliance	This training will explore the main rules of HIPAA, methods of safeguarding PHI, an overview of the rights and protections provided by HIPAA, common violations to avoid, and the potential consequences for being found HIPAA non-compliant.	EN	SP	16 min
I2P2 - Injury and Illness Prevention Programs	This training will explore how to build a robust I2P2 framework. It will explain how to lead by example, encourage active worker participation, systematically identify and prioritize risks, and implement the most effective safety measures. The importance of continuous education and regular program evaluation to adapt to new challenges and maintain relevance will also be discussed.	EN	SP	20 min
Indoor Air Quality	This course will help you identify and respond to indoor air quality issues that may affect the health and safety of workers. Understanding how to identify and handle air pollutants is the first step in making sure all employees can breathe easily at work.	EN	SP	13 min
Industrial Ergonomics	This training explains how to design the workplace or jobs to fit your needs. Improper ergonomics increases your exposure to hazards that are known to contribute to musculoskeletal injuries which affects muscles, tendons, nerves, and blood vessels.	EN	SP	11 min
Industrial Fire Prevention	This training will help you to identify potential fire hazards in your workplace, implement effective fire prevention strategies, and respond appropriately in the event of a fire.	EN	SP	17 min
Introduction to OSHA	This course will provide general industry and construction employees with the information they need to be informed about OSHA and its rights and associated responsibilities.	EN	SP	12 min
Laboratory Hoods	This training will provide understanding on how to correctly operate fume hoods and prevent potential exposure risks as well as learn essential response protocols for exposure incidents, necessary personal protective equipment and other safety measures.	EN	SP	14 min
Ladder Safety	Ladders are one of the most common tools used across industries. From the shortest step stool to the tallest scaffold, safety must be the priority. It's important to understand the type of ladder in use for a given application, and how to properly use it.	EN	SP	15 min
Ladder Safety in Construction Environments	MARCOM's program on Ladder Safety in Construction Environments reminds employees not to take using ladders for granted, and to take the appropriate precautions when using ladders.	EN	SP	13 min



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Landscape Maintenance Safety	This training focuses on safety awareness in landscape maintenance.	EN		15 min
Lock-Out/Tag-Out	This training on Lockout/Tagout covers all the critical aspects relative to lockout/tagout and the proper implementation of an effective hazardous energy control plan.	EN	SP	17 min
Machine Guard Safety	In this training, you will learn to identify common machine hazards and the types of safeguards that should be employed to protect against those hazards. We will also explore how the proper use of personal protective equipment can act as your last line of defense against the dangers of machine use.	EN	SP	20 min
Materials Handling Safety	This training describes safe materials handling techniques including how to identify hazards, proper lifting and carrying techniques, and how to implement safe storage and stacking practices.	EN	SP	13 min
Office Safety	This training on Office Safety shows employees that hazards really do exist in an office environment, and how important it is to use good safety practices as they go about their work.	EN	SP	19 min
Orientation to Laboratory Safety	This training will discuss recognizing laboratory hazards, selecting PPE, knowing proper procedures and scenarios for waste disposal, and emergency response plans.	EN	SP	11 min
OSHA Recordkeeping	This course breaks down the complexities of OSHA's Recordkeeping Rule. You'll learn about the criteria that determine what counts as a recordable incident, the key forms for incident reporting (Form 300, Form 300A, and Form 301), the timeline for filling out and submitting the appropriate forms, and employer responsibilities when it comes to employee reporting rights, transparency, as well as government data requests and submissions.	EN	SP	15 min
Personal Protective Equipment	This training dives deep into the essentials of PPE, exploring its purpose, proper use, and maintenance.	EN	SP	26 min
Personal Protective Equipment in Construction Environments	This training is specifically designed to help employers in the construction industry meet OSHA requirements. It provides construction workers with the information they need to avoid injury on the job site by using appropriate PPE.	EN	SP	14 min
Planning for Laboratory Emergencies	This training explains how to respond to lab emergencies in line with OSHA's lab safety standards, from handling hazardous chemicals to managing biological risks. It describes methods for keeping the lab safe and how to ensure your employer is doing their part to comply with regulations.	EN	SP	12 min
Preventing Sexual Harassment for Employees	MARCOM's program on Preventing Sexual Harassment for Employees provides employees with the information they need to help prevent sexual harassment in their workplace, and deal with it effectively if it does occur.	EN	SP	11 min
Preventing Sexual Harassment for Management	In this training, your management team will learn what sexual harassment is, how to deal with it, and how to	EN	SP	12 min



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Managers and Supervisors	report it. They'll learn what Quid-Pro-Quo is and what to do when an employee comes forward.			
Preventing Workplace Discrimination for Employees	In this training you will learn to define both explicit and implicit biases and identify examples of both. In addition, you will learn more about the protections afforded under the EEOC laws regarding workplace discrimination. Finally, you will learn what you can do to overcome biases and help create a comfortable workplace for all people.	EN	SP	14 min
Respiratory Protection and Safety	This comprehensive course is designed to help you navigate the world of respiratory protection, in line with the standards and requirements set by the Occupational Safety and Health Administration (OSHA) under 29 CFR 1910.134 and 29 CFR 1926.10.	EN	SP	14 min
Safe Lifting	This training discusses step-by-step how to perform a safe lift, with tips on maintaining proper posture, lifting with your legs (not your back), and how to avoid harmful twisting movements. Finally, you'll learn how to identify the symptoms of back injuries and the appropriate response to them.	EN	SP	13 min
Safe Lifting in Construction Environments	This training discusses step-by-step how to perform a safe lift, with tips on maintaining proper posture, lifting with your legs (not your back), and how to avoid harmful twisting movements. Finally, you'll learn how to identify the symptoms of back injuries and the appropriate response to them.	EN	SP	13 min
Safety Awareness for New Employees	This training discusses a wide variety of hazards that new workers can encounter while performing different types of tasks and explains what they need to do to avoid those hazards.	EN	SP	34 min
Safety Housekeeping & Accident Prevention	This training on Safety Housekeeping and Accident Prevention provides workers with the information they need to recognize on-the-job hazards and explains how they can prevent them.	EN	SP	15 min
Safety Orientation	A safe working environment is defined as one that is "free from recognized hazards that are causing or are likely to cause death or serious physical harm to... employees." In this training, you are exposed to common OSHA-recognized injury, illness, and fatality categories. You will also explore examples of other sources of harm that may not immediately fall under OSHA's General Duty Clause.	EN	SP	9 min
Safety Showers & Eye Washes	This training on Safety Showers and Eye Washes reviews situations where safety showers and eye washes should be used, as well as how to use them properly.	EN	SP	12 min
Scaffolding Safety for Employees	This course will help you identify and prevent potential hazards associated with scaffolding use. You will learn the different types of scaffolding and how OSHA regulations keep everyone safe during their use.	EN	SP	14 min
Silica Safety in Industrial and Construction Environments	This training is designed to equip workers across various industries - including construction, mining, and manufacturing - with critical knowledge and strategies to prevent and respond to silica exposure.	EN	SP	13 min



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Slips, Trips & Falls	This training will help you understand OSHA's safety standards for walking-working surfaces, learn how to recognize and mitigate slip, trip, and fall hazards, as well as develop regular safety inspection and maintenance routines.	EN	SP	10 min
Slips, Trips and Falls in Construction Environments	This training will help you understand OSHA's safety standards for walking-working surfaces, learn how to recognize and mitigate slip, trip, and fall hazards, as well as develop regular safety inspection and maintenance routines.	EN	SP	10 min
Trenching & Shoring Safety in Construction Environments	This training describes how to safely begin an excavation by taking the proper precautions to avoid hazards like cave-ins. Also included are proper digging practices, setting up the correct protective systems, and safety protocols.	EN	SP	15 min
Tuberculosis in the Healthcare Environment	This training describes how to identify TB risks, implement effective control measures, utilize PPE and respirators correctly, and conduct TB screening and testing. It also emphasizes the importance of educating and training your team and ensuring everyone is equipped to maintain a safe and healthy work environment.	EN	SP	15 min
Using Fire Extinguishers	This course will help you recognize fire hazards, use fire extinguishers effectively, and follow best practices to keep your workplace safe.	EN	SP	15 min
Walking and Working Surfaces	This training discusses OSHA's standards for maintaining workplace surfaces. It will cover the essential aspects of slip, trip, and fall hazards, fall protection and falling object hazards, and workplace surface load capacity - integrating practical, OSHA-compliant strategies to mitigate these risks.	EN	SP	10 min
Warehouse Safety	This training will help you identify and respond to potential warehouse and distribution center hazards. No matter what type of warehouse work you do, it's important to understand the hazards that may be associated with it.	EN	SP	19 min
Welding Safety	This training explores the protocols necessary to operate safely and effectively in any hot work environment. Topics covered include equipment best practices, risk assessment techniques, and emergency response procedures.	EN	SP	16 min
Winter Safety	This training discusses how to protect yourself from cold-related hazards through the appropriate use of clothing and PPE. We will also explore different scenarios where winter weather can be particularly dangerous and provide tips on building your own cold-weather preparation and first aid kits as well as general tips for dealing with cold stress in the workplace.	EN	SP	28 min
Workplace Harassment in Industrial Facilities	This training discusses the various types of harassment that are found in the workplace, how they can affect an employee's work situation and what employees	EN	SP	18 min



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	themselves can do to help prevent workplace harassment.			
Workplace Harassment in the Office	This training discusses the various types of harassment that are found in the workplace, how they can affect an employee's work situation and what employees themselves can do to help prevent workplace harassment.	EN	SP	14 min
Workplace Stress	This training will explore the symptoms of stress, how to identify stressors within ourselves and others we work and live with, and how stress affects the body and mind. It also examines how improving work-life balance can assist in better management of stress.	EN	SP	15 min
Workplace Violence	This training aims to empower you to recognize, prevent, and respond to workplace violence effectively.	EN	SP	9 min